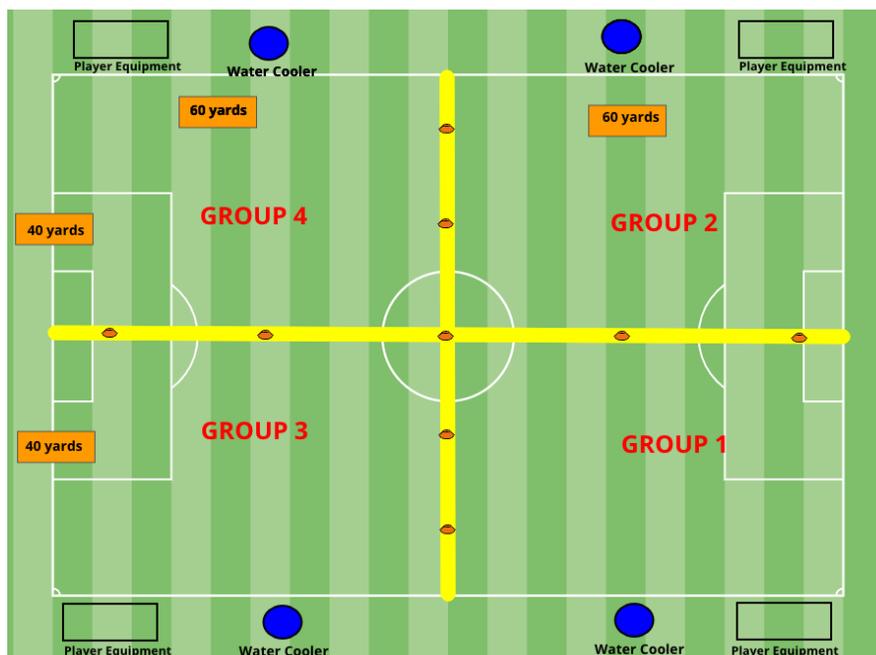


# CESA DAY CAMP PROTOCOL

*CESA is committed to ensuring that we take the necessary precautions to make our camp as safe as possible for our players, coaches and parents. Please read this information closely and let's all work together to keep everyone safe. CESA has taken into account "Guidelines for Reopening County, Municipal, and School Athletic Fields & Resuming Youth Sports Events" set forth by the CDC and SCDHEC on May 20<sup>th</sup>, 2020 in order to make decisions we feel are feasible for our environment. Please understand that even with these precautions in place there is still an inherent risk associated with participation.*

## CAMP OVERVIEW

1. We will have groups of 10-15 players with coaches in a 60x40 yard space (see illustration below). Each group will have a designated "station" to place their bag, equipment, & water bottle. Each group station will have its own tent & trash can.
2. Each space will have a 10 yard buffer zone between other groups.
3. Training will consist of unopposed technical training (1 player, 1 ball and/or 2 players, 1 ball) as well as opposed games up to 5v5 max (only in their groups of 10-15 for contact tracing purposes).
4. The camp schedule is similar to previous camps with the notable exception that players will remain in their small groups throughout camp; there will not be camp wide activities to avoid gathering in a large group (see adjusted schedule below).



## **CLUB RESPONSIBILITIES**

1. CESA Staff may not be involved in any manner if either they or any member of their household has had an onset of illness with symptoms consistent with, suspected or confirmed to be COVID-19 within the previous 14 days.
2. All CESA Staff will wear facemasks while coaching or interacting with players.
3. CESA will provide hand sanitizer at each bench/station area, however we recommend you send your child with their own if possible.
4. CESA will organize a pick-up and drop-off area for players to minimize social contact between players and members of different families. CESA will organize the group stations so players are able to stay at least 6 feet apart where players will keep all of their belongings. Players shall be advised to report to their “station” each morning rather than congregate as an entire camp prior to beginning each day.
5. Water fountains will not be available during camp.
6. Bathrooms will be cleaned daily by the CESA Staff, and all shared surfaces will be cleaned as well.
7. Inclement weather procedures are in place. We have several different indoor spaces available to keep players safe while adhering to guidelines provided by the CDC. Each CESA Coach will know where their inclement weather space will be should the need arise.
8. Parents are welcome to stay at MeSA during camp if they are able to do so, which will assist in players having a safe space to go in the event of inclement weather.

## **COACH RESPONSIBILITIES**

1. Before each day of camp, CESA staff will have their temperature taken with an infrared thermometer and each individual will be asked to answer the following questions:
  - a. Have you been in contact with a person who has or is suspected to have COVID-19 in the past 14 days?
  - b. Have you had a cough, fever of 100.4 or greater, loss of taste or smell in the past 72 hours?
2. If any CESA Coach answers YES to any of these questions they shall not be permitted to participate in camp activities.
3. The CESA Coaching Staff will design soccer activities that require minimal or incidental contact.
4. The same CESA Coach will work with the same group of players for the duration of camp.
5. The CESA Coach will only be permitted to touch training discs and cones.
6. Training bibs/pennies will not be used, rather players are asked to bring a dark and light t-shirt to camp. If for any reason a training bib or pennie is used by a player, it will be immediately isolated and not used again.
7. The CESA Coaching Staff will do their best to ensure contact between players outside of soccer activities is avoided.
8. Players are required to bring and use their own soccer ball to camp each day. Any shared soccer balls will be sanitized before and after use. There will be no throw-ins and no activity will include picking up a ball with your hands.

9. Only CESA coaches will administer water from coolers, no other person will come into contact with them.

## **PLAYER RESPONSIBILITIES- RECOMMENDED**

1. Players are recommended to observe social distancing when not in play (6-10 ft). This will be reinforced by the CESA Coaching Staff.
2. Players are asked to bring a dark and light t-shirt to camp each day as bibs/pennies will not be used.
3. Players are asked to bring the following to camp each day: soccer ball, water bottle, cleats, shinguards, socks, and indoor shoes in case of inclement weather.
4. Players are recommended to only go to their group station when not engaged in play. This will be reinforced by the CESA Coaching Staff.
5. Players are recommended to wash or sanitize their hands prior to and immediately after camp. Each CESA Coach will have hand sanitizer available at their group stations throughout the camp day.
6. Players are not recommended to share drinks, food, or equipment at any time during camp. It's the player's responsibility to bring their own water bottle and soccer ball to camp each day. CESA will provide water coolers (to be used only by the CESA Coach at each station) but will not provide water cups.
7. Players diagnosed with or living with a person diagnosed with COVID-19 are strongly encouraged to share that information with their CESA Coach so contact tracing may be used to limit possible exposure.

## **PARENT RESPONSIBILITIES - RECOMMENDED**

1. Parents are asked to take the temperature of their child prior to camp each morning. If your child has a fever of 100.4 degrees or greater, cough, loss of taste or smell in the past 72 hours they should not attend camp. No fever reducing agents should be used during this time.
2. Parents should have hand sanitizer available for their children before and after each session. While CESA will provide hand sanitizer, if your child has skin sensitivities, please provide hand sanitizer for your child to use during camp.
3. Parents are encouraged to stay in their cars throughout camp. We will have a drive thru check-in available on Monday morning (more on this below). All other mornings we ask you drop your player off at their assigned field (this will be provided on June 8).
4. If parents feel the need to communicate with the CESA Coach it's recommended to contact them via text or reach out to Camp Director Cole Atkins at (843) 442-0649.

## UPDATED CAMP SCHEDULE

8:30-9:15	Campers arrive & head immediately to their group's station (other than on Day 1 Check In-more below)
9:30-10:45	Skill Demo followed by Group Training Session (different topic each day)
10:45-11:15	Snack Break <sup>1</sup> , Daily Contest <sup>2</sup>
11:15-12:00	Small sided games within groups (up to 5v5)
12:00	All Campers Dismissed (more on pickup procedure below)

**Snack Break<sup>1</sup>:** Snacks will be provided to all campers each day. Each camper will receive 1 bag of potato chips, and a packaged applesauce. Campers are free to bring their own snacks if they wish.

**Daily Contest/Camp Theme Days<sup>2</sup>:** There will be a camp contest Tuesday-Thursday during the snack break. When your player comes home telling you about how "Tacky Tuesday" or "Wacky Hair Wednesday," they are not making it up! We want to have a bit of fun while we're learning about the game.

## PICK UP & DROP OFF PROCEDURE

All campers should arrive between 8:20-9:00am by way of the entrance on Anderson Ridge Road and follow signs to our Drive Thru Check-In Tables (diagram on next page). There will be registration tables at 2 locations set up outside where you can check-in your child and receive their group information. Once your child has received their group information, they can proceed to their field (there will be signage) where their camp coach will be waiting.

For Tuesday through Friday players can be dropped off at their group's field between 8:30-9:00am. For pick up, players can be picked up at their field (parents should stay in their cars). If there are any questions about what field your child is on please call or text Camp Director Cole Atkins at 843-442-0649.

Groups will be made based primarily on age and gender. Please understand that we may be unable to accommodate requests for players to be in the same group given the smaller group numbers and the precaution with trying to comply with health and safety recommendations.

# CHECK IN PROCEDURE (MONDAY ONLY)

